

Performance Sunglasses:

What Are They . . . And Do I Need Them?

Written by Vivianna Maisonet, Davis Vision Staff Writer

Have you ever seen a sports figure or motorcyclist wearing a pair of sunglasses and thought how cool those shades were? Well, those sunglasses aren't just cool looking, they are also protecting and assisting their vision. With Americans spending more time outdoors, sunglasses geared towards sports or performance-orientated activity is in higher demand today. Performance sunglasses are sunglasses that

are tailored towards a specific sport, activity or profession.

There is an array of sunglasses customized for skiers, motorcyclists, airline pilots and others.



Performance sunglasses come in many different fashionable styles, fit and lens colors to provide the best possible use. For example, depending on the weather conditions, a baseball player, golfer or water skier might wear a pair of sunglasses that have a dark amber, copper or brown colored lens because it blocks high amounts of light from clear skies and improves the contrast on grass or against blue skies. Someone cycling or snowboarding would wear orange or yellow colored lenses which filter blue light for a sharper focus. Regardless of the color, these lenses are polarized to reduce glare and protect your eyes from harmful

ultraviolet rays. They are also available in durable frames and made with polycarbonate lenses to resist possible impact that might occur while you are involved in a physical activity.

So, the next time you go to purchase a pair of sunglasses, besides making sure you look cool in them, ask yourself, "Why will I be wearing my sunglasses and what will I be doing while wearing them?" Chances are you may find yourself needing a pair of performance sunglasses. Whether you are playing a baseball game, skiing down a slope or driving your motorcycle on an open highway, do it with performance sunglasses. You will not only look cool in your shades but your vision will be optimal, making sure that you catch sight of your best performance.

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